



FACULTY

Rome: P. Borriore – D. Caporossi – F. Felici – A. Macaluso
F. Margheritini – P. Parisi – C. Pesce – M.P. Paronetto
F. Pigozzi – M. Sacchetti – P. Sgrò – V.R. Spica
G. Vannozzi – A. Zelli, and others

Language
centre: A. Fazio

Cologne: F. Baumann – B. Biallas – K. Petry – C. Wilke, and others
Odense: P. Aagaard – P. Caserotti – K. Froberg – A. Grøntved
T. Skovgaard, and others

Oslo: U. Ekelund – S. Loland – Y. Ommundsen, and others
Vienna: A. Baca – R. Dikemüller – P. Kornfeind – H. Tschan
O. Weiss – B. Wessner, and others

Guest
Lecturers: M. Audiffren (Poitiers) – A. Benjaminse (Groningen)
A. Chirumbolo (Rome) – M. McNamee (Swansea)
J. Parry (Prague) – Y. Pitsiladis – N. Schott (Stuttgart)
A. Sgadari (Rome) – J.J. Temprado (Marseille), and others

Program
Coordinators: Daniela Caporossi (Rome)
Arnold Baca (Vienna)
Thomas Skovgaard (Odense)
Yngvar Ommundsen (Oslo)
Christiane Wilke (Cologne)



EUROPEAN MASTER OF SCIENCE IN HEALTH AND PHYSICAL ACTIVITY

Children - Adults - Elderly

A 2-year International 2nd-level degree (120 ECTS)
offered jointly by

The University of Rome "Foro Italico" (coordinating institution)

The University of Vienna

The University of Southern Denmark, Odense

The Norwegian School of Sport Sciences, Oslo

The German Sport University, Cologne

with contributions from the universities of Marseille, Groningen,
Poitiers, Stuttgart, Swansea and others

International second level degree (120 ECTS) issued by the
partner Universities as follow:

Italy - Laurea Magistrale in Attività Fisica e Salute (Classe LM 67) (National title)

Norway - Master i Idrettsvitenskap (National title)*

Austria - Master of Science (National title)*

Denmark - Cand. Scient. I Idraet og Sundhed (National title)*

Germany - European Master of Science in Health and Physical Activity

* single or multiple degree/s will be released in compliance with partner University's
registration and ECTS requirements

For further information please contact:

European Master - University of Rome "Foro Italico"

Piazza Lauro de Bosis 6, 00135 Rome

e-mail: european.master@uniroma4.it

Web: www.uniroma4.it → Ammissione or www.europeanmasterhpa.eu

International Office - e-mail: relazioni.internazionali@uniroma4.it

The program is structured into a one-year general program mainly offered in Rome, and a second year
in other locations, focusing on alternative areas of specialisation: Children, Adults, Elderly, each
referring to both the general population as well as to special groups, and dealing with such issues as:

- Health and fitness, risk factors and prevention in the general population
- Movement therapy in functional re-education & rehabilitation
- Wellness and coping in disability, chronic disorder, or other limiting conditions
- Maturation and social integration, wellness and creativity, personal growth and expression

First year - 60 ECTS

FOUR TEACHING MODULES IN ROME (3 weeks of intensive teaching each)

- | | | |
|--|--------------------|---------|
| 1. Biomedical issues in Health and Exercise | 5 Oct - 23 Oct'20 | 15 ECTS |
| 2. Changing behaviour towards a lifelong active lifestyle: from childhood to adulthood | 23 Nov - 12 Dec'20 | 15 ECTS |
| 3. Movement Therapy and Physical Activity for the Elderly and Special Populations | 18 Jan - 5 Feb'21 | 15 ECTS |
| 4. Research Methodology* | 8 Mar - 26 Mar'21 | 15 ECTS |

*Students from consortium Universities could earn at their own home institution those credits relevant to topics of Research Methodology, for a total of 15 ECTS.

Second year - 60 ECTS

TWO DIFFERENT SPECIALISATION TERMS AMONG (15 ECTS, 3 weeks of intensive teaching & internship each) *Apr-Nov'21* 30 ECTS

- Vienna: Physical activity and disease prevention in adults
- Odense: Physical activity and disease prevention in children
- Odense: Physical activity and disease prevention in the elderly
- Cologne: Movement therapy for special populations
- Rome: Movement therapy in orthopaedic rehabilitation
- Oslo: Psycho-pedagogic aspects of preventive physical activity

THESIS *Summer 2022* 30 ECTS

Admission:

The program is addressed to students with an undergraduate degree in the sport science or related area, with good knowledge of written and spoken English and adequate credentials. A total of 38 students will be admitted, with possible extensions in case of qualified applications. 16 positions are reserved to students from partner universities. 7 additional positions are restricted to non-European students. Wide international participation is encouraged.

Fees & Support:

All international students are entitled to the same student assistance services as Italian students, on the basis of the same requisites of financial means and/or merit. This applies to scholarships, student loans, housing assistance, and fee waivers.

The tuition fees amount is payable in two instalments:

- First instalment fee: € 481,13 (enrolment national tax, insurance), to be paid when you enrol;
- Second instalment fee: from € 0,0 to € 1.662,52 depending on the family income.

First two higher candidates in the ranking lists from each consortium university will be exempted from payment of university fees but IT Services and Regional Tax DSU and virtual duty stamp (total € 156,00) provided they comply each year with specific merit requirements. Additional students from consortium universities, with the exception of Italian students, are allowed to pay taxes and contributions of the two-year course in a single fixed settlement of € 3.200,00.

Single Modules:

Candidates meeting admission requirements can be admitted to single modules on payment of € 800,00.

Applications:

Students from the Universities of Cologne, Odense, Oslo, Vienna will be selected by their respective local coordinators, subject to the number of positions available.

Students from University of Rome "Foro Italico" and all other students should submit their application and documents to the head office in Rome.

The deadline for the application is 20 July 2020 at 13:00 (Central European Summer Time). Applicants will be immediately notified about selection procedures, which will be completed by 28 July 2020.

The program starts on Monday 5 October 2020*.

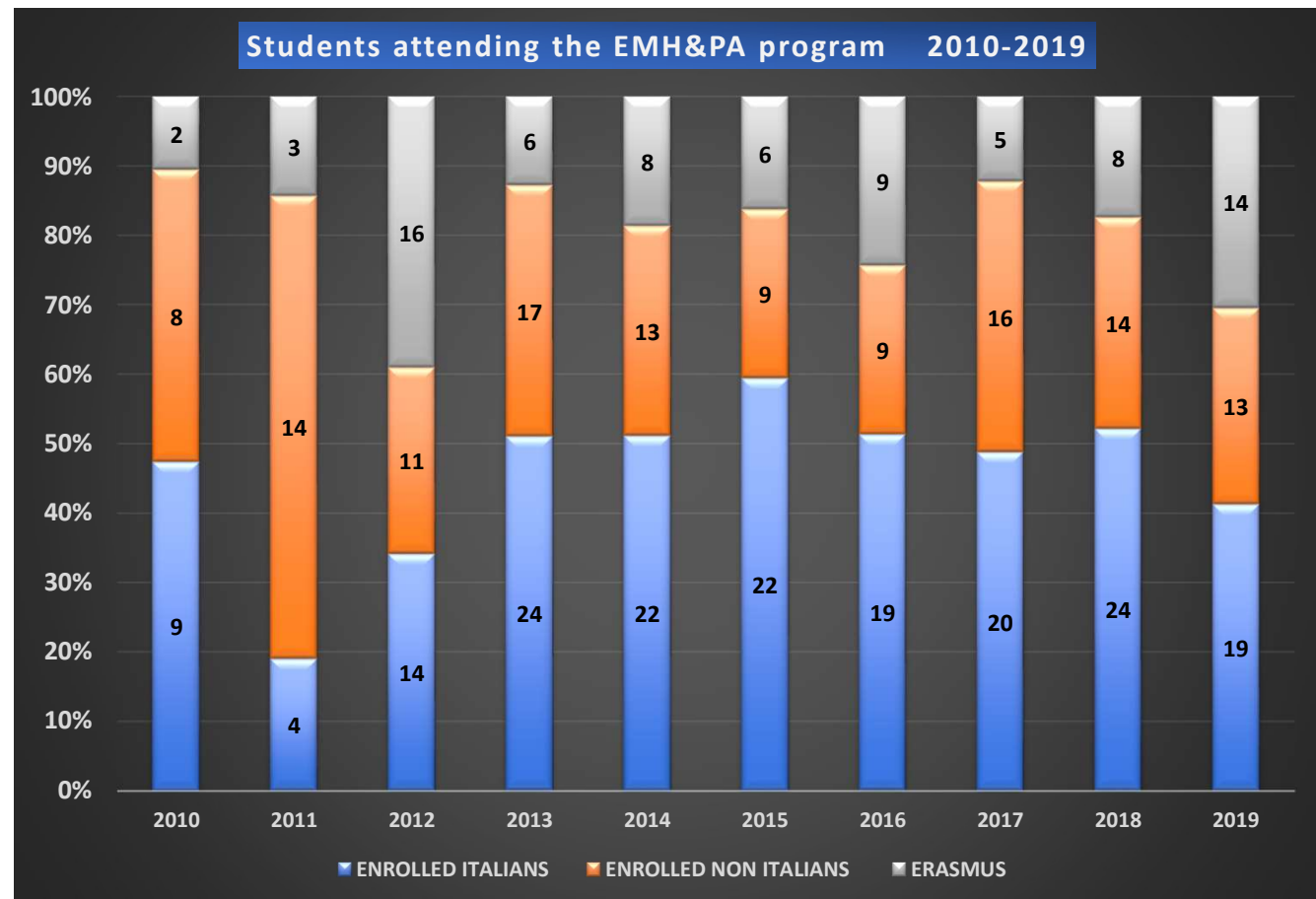
*In compliance with specific directions from the governments of partner countries that could modify rules and regulations towards social distancing, as well as national and international mobility, lessons will be delivered by telematic modality"



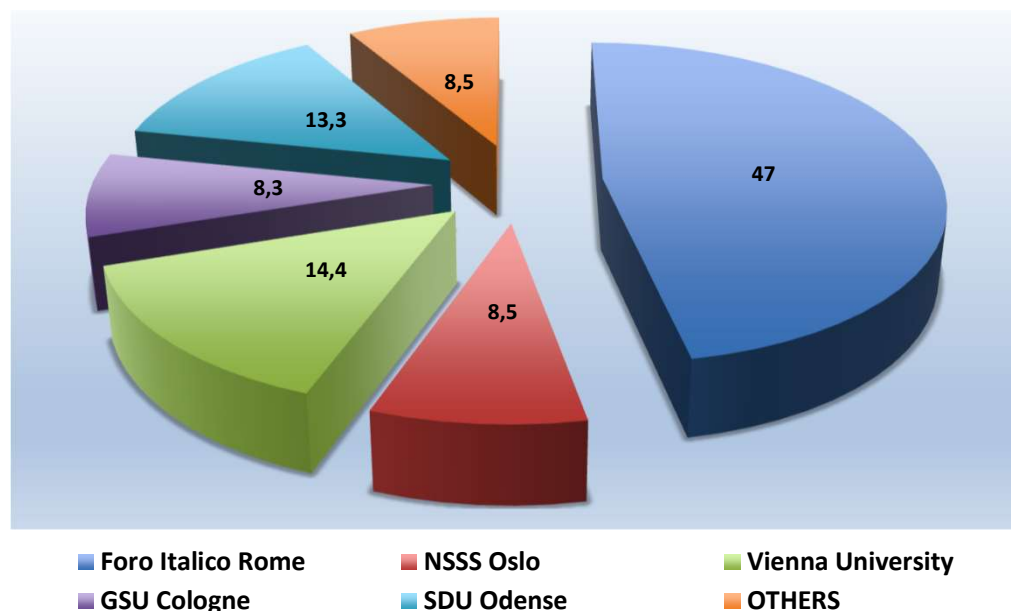
European MSc in Health and
Physical Activity

*Laurea Magistrale
Internazionale in Attività
Fisica e Salute – LM67INT*

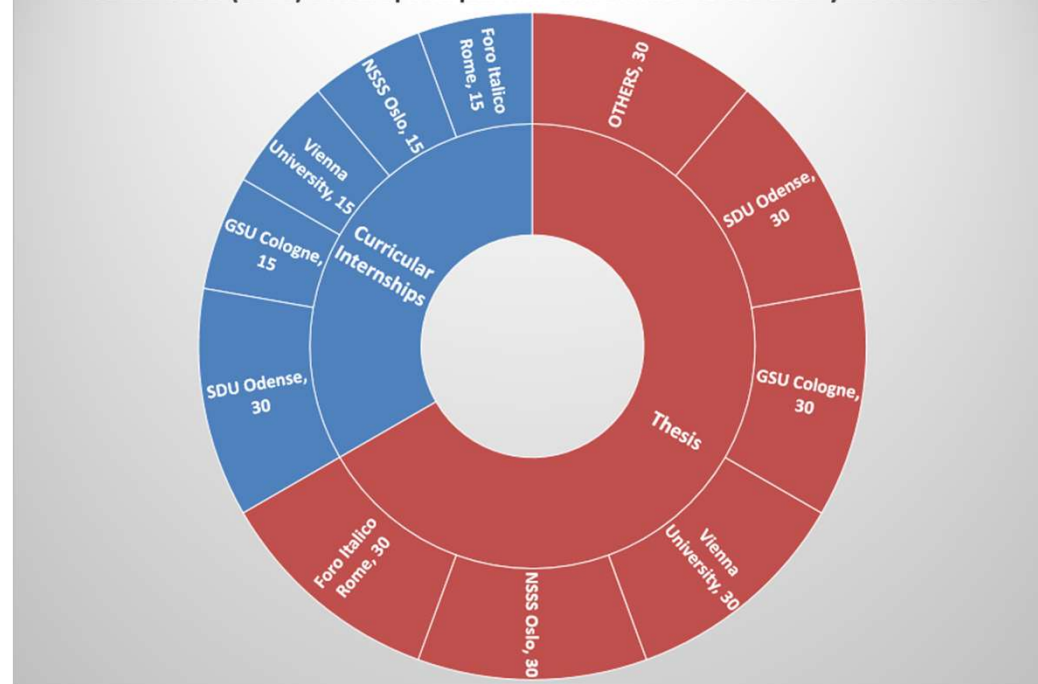
Main figures and quality
assurance indicators 2018-
2019 plus 3-year trend



Contribution (% total ECTS) of European partner universities to the 1st year teaching activities in Rome



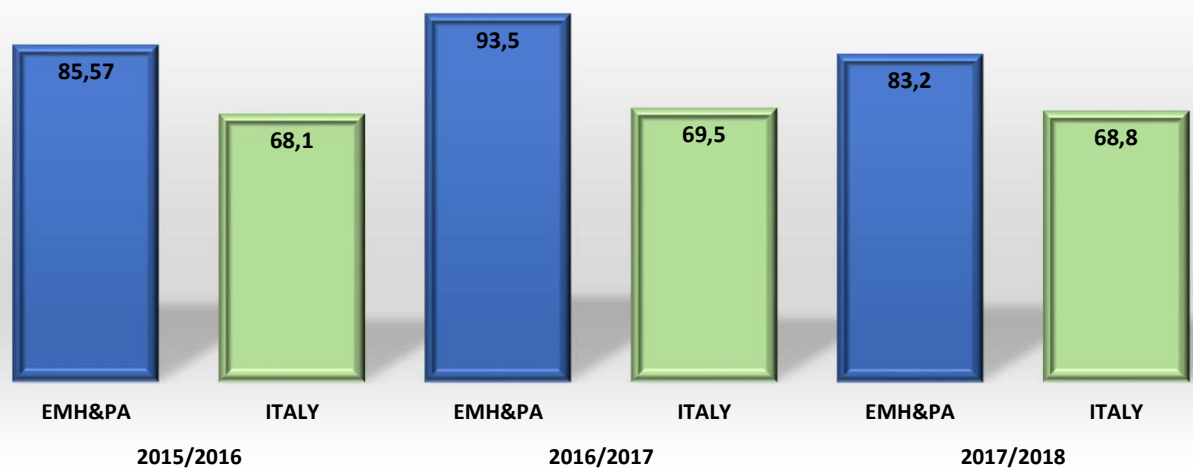
Contribution (ECTS) of European partner universities to the 2nd year activities



REGULARITY OF STUDENT CAREERS

(Indicators from MIUR-SMA annual monitoring – update January 2020)

% ECTS acquired at the end of the 1st year/60 total ECTS

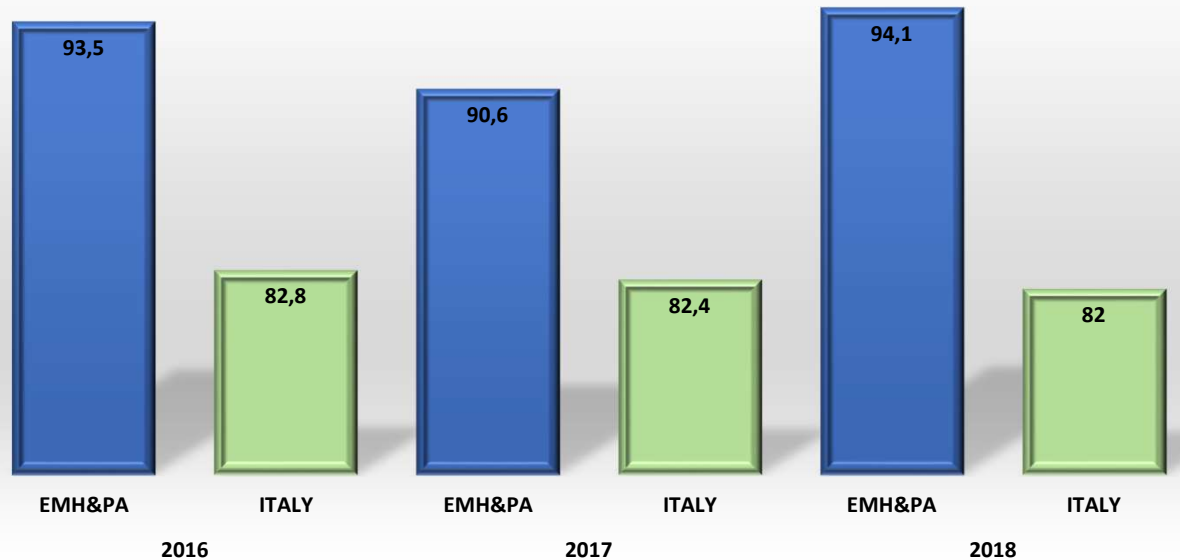


Regular students show a good percentage of ECTS acquired at the end of the 1st year, with a slight decrease in the a.y. 2017/2018, still higher when compared to the situation at national level for the same II level programs

REGULARITY OF STUDENT CAREERS

(Indicators from MIUR-SMA annual monitoring – update January 2020)

% Regular graduates within the 2-year program duration

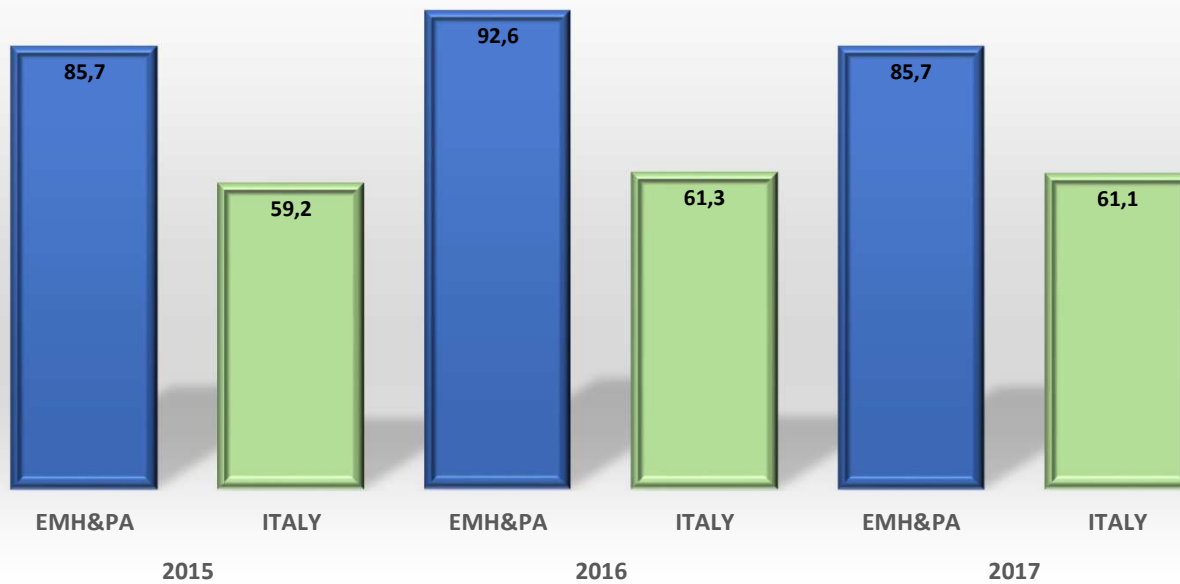


All students progress towards the 2nd year of the study program, with an excellent percentage of graduates within the program duration (94,1% in 2018)

REGULARITY OF STUDENT CAREERS

(Indicators from MIUR-SMA annual monitoring – update January 2020)

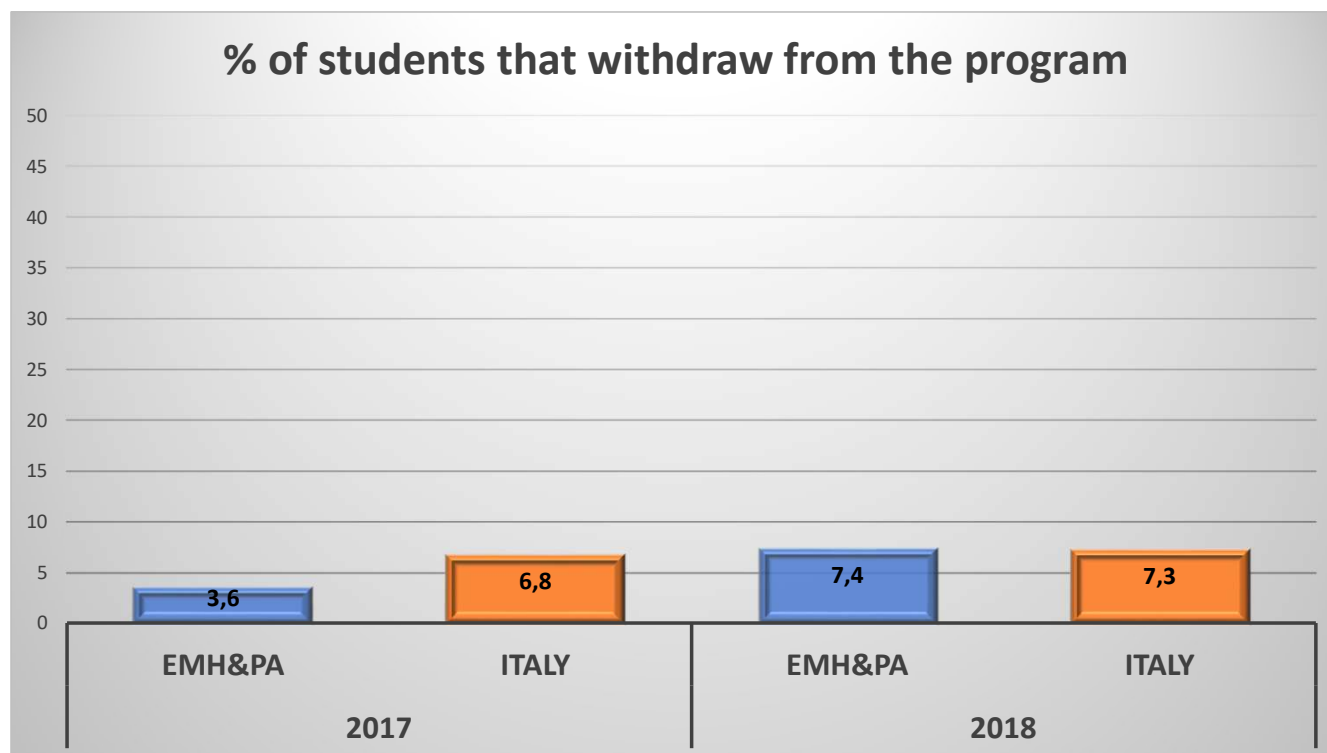
Continuation to the II year with ≥ 40 ECTS



The percentage of regular students acquiring 2/3 of mandatory ECTS within the I year is satisfactory and stable in the 3-year trend

REGULARITY OF STUDENT CAREERS

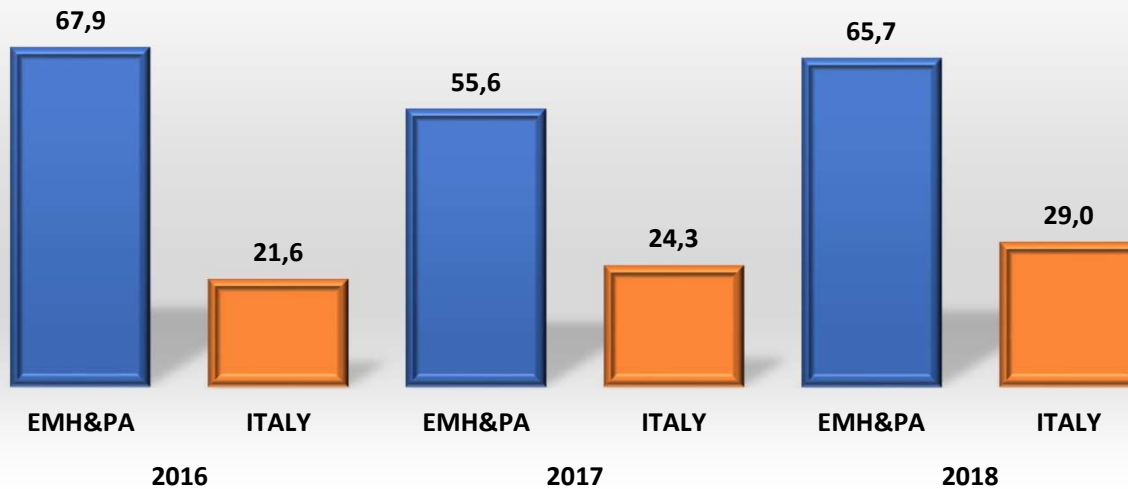
(Indicators from MIUR-SMA annual monitoring – update January 2020)



The percentage of students that withdraw from the program shows an increase in the 3-year trend, reaching the national value in the 2018

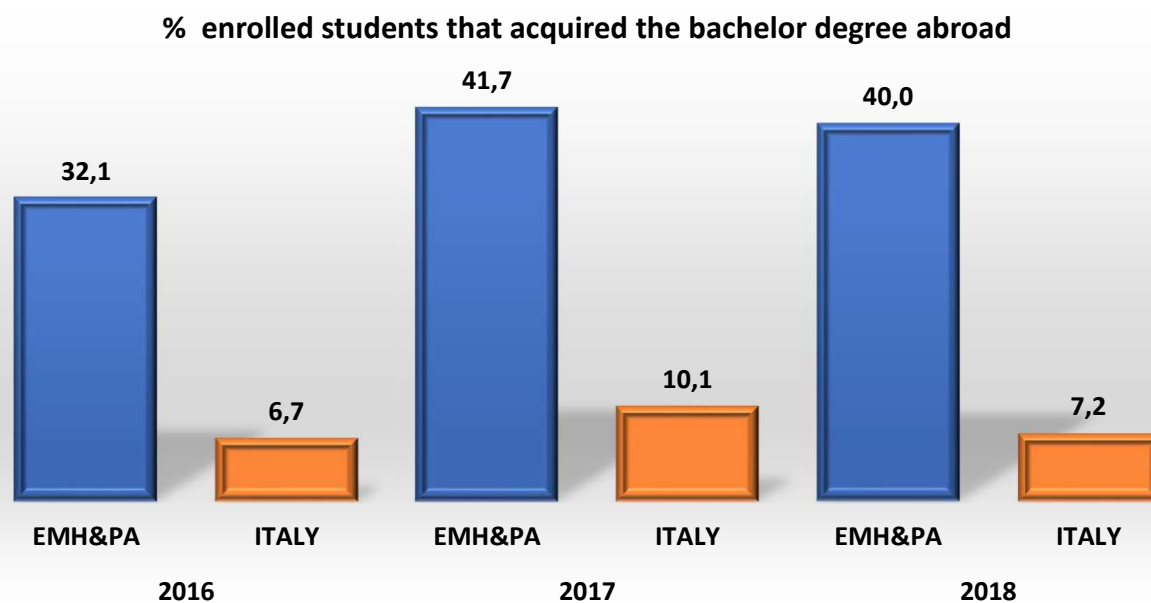
ATTRACTIVENESS AND INTERNATIONALIZATION OF THE STUDY PROGRAM
(Indicators from MIUR-SMA annual monitoring – update January 2020)

**% enrolled students with bachelor degree from universities
other than Foro Italico**



The uniqueness of the LM67-I study program at national and international level is verified by its attractiveness among bachelor graduates from universities other than Foro Italico

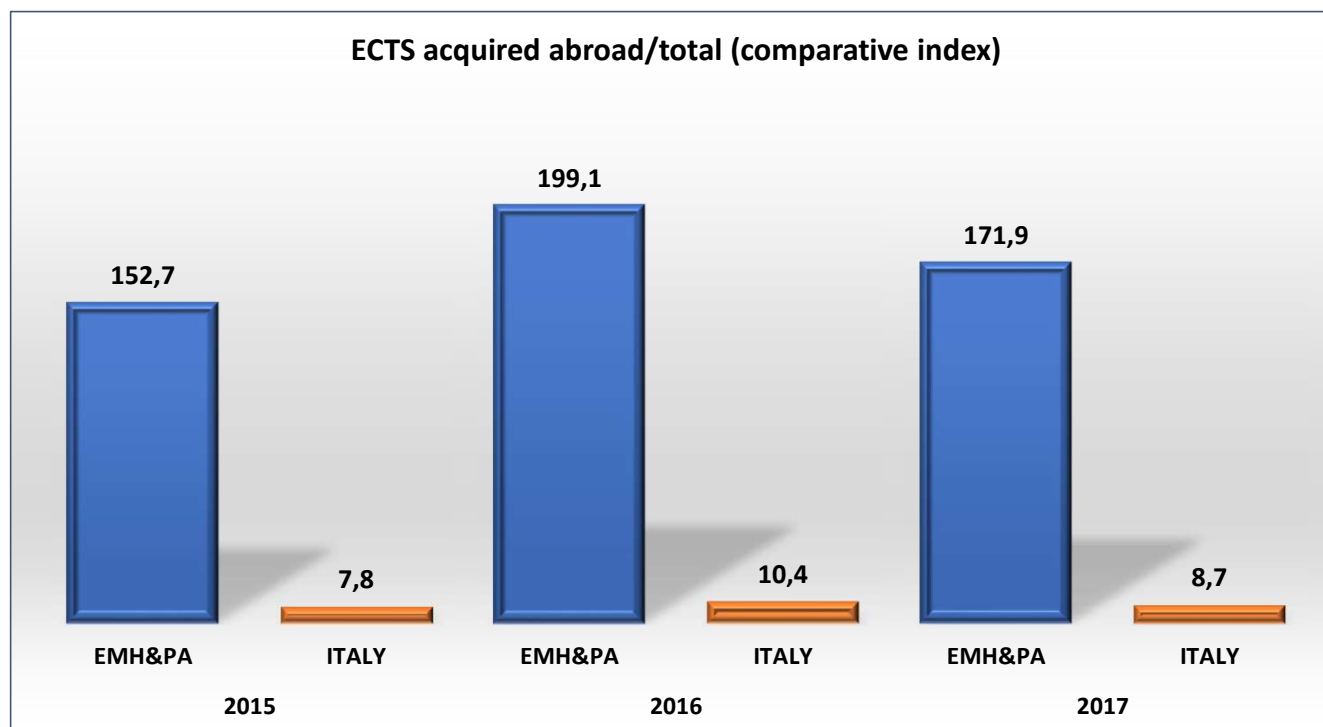
ATTRACTIVENESS AND INTERNATIONALIZATION OF THE STUDY PROGRAM
(Indicators from MIUR-SMA annual monitoring – update January 2020)



The study program shows a very distinct percentage of enrolled students (about 40%) that acquired their bachelor degree abroad

ATTRACTIVENESS AND INTERNATIONALIZATION OF THE STUDY PROGRAM

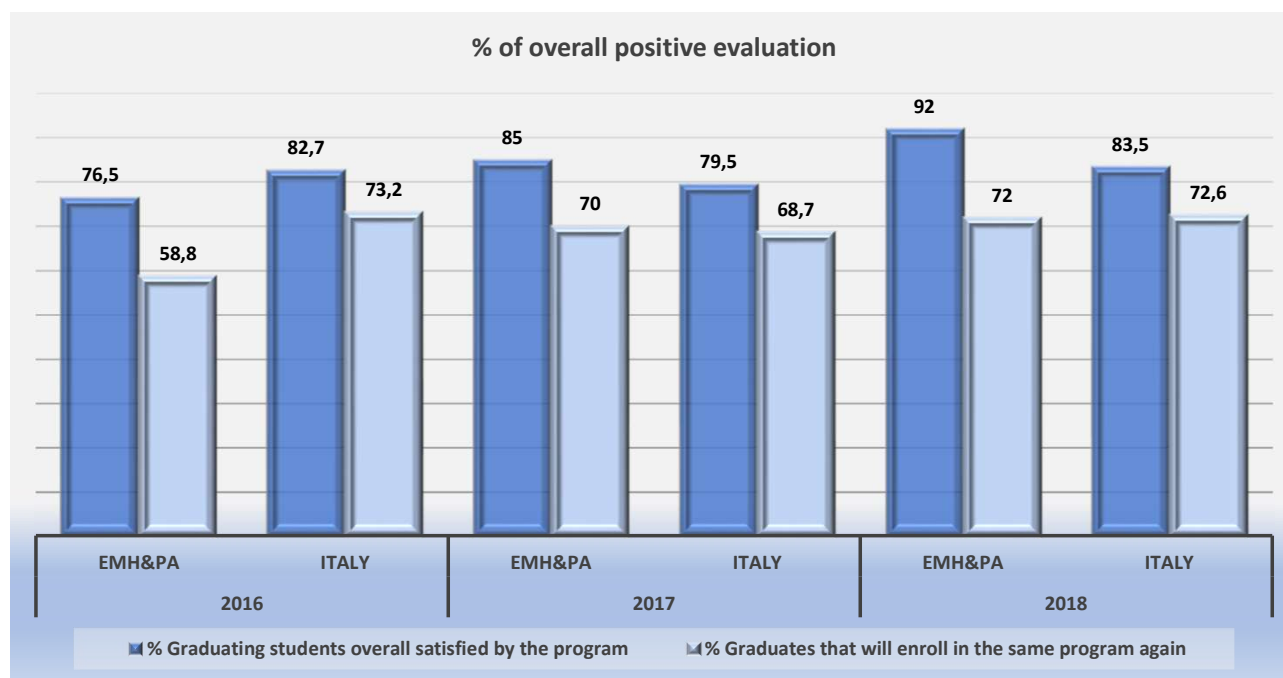
(Indicators from MIUR-SMA annual monitoring – update January 2020)



The % of ECTS acquired abroad is almost stable, reflecting the structure of the joint program, and usually higher than the mandatory amount (12,5%), reflecting the students' interest towards international training experiences

PROGRAM SATISFACTION BY GRADUATING/GRADUATES

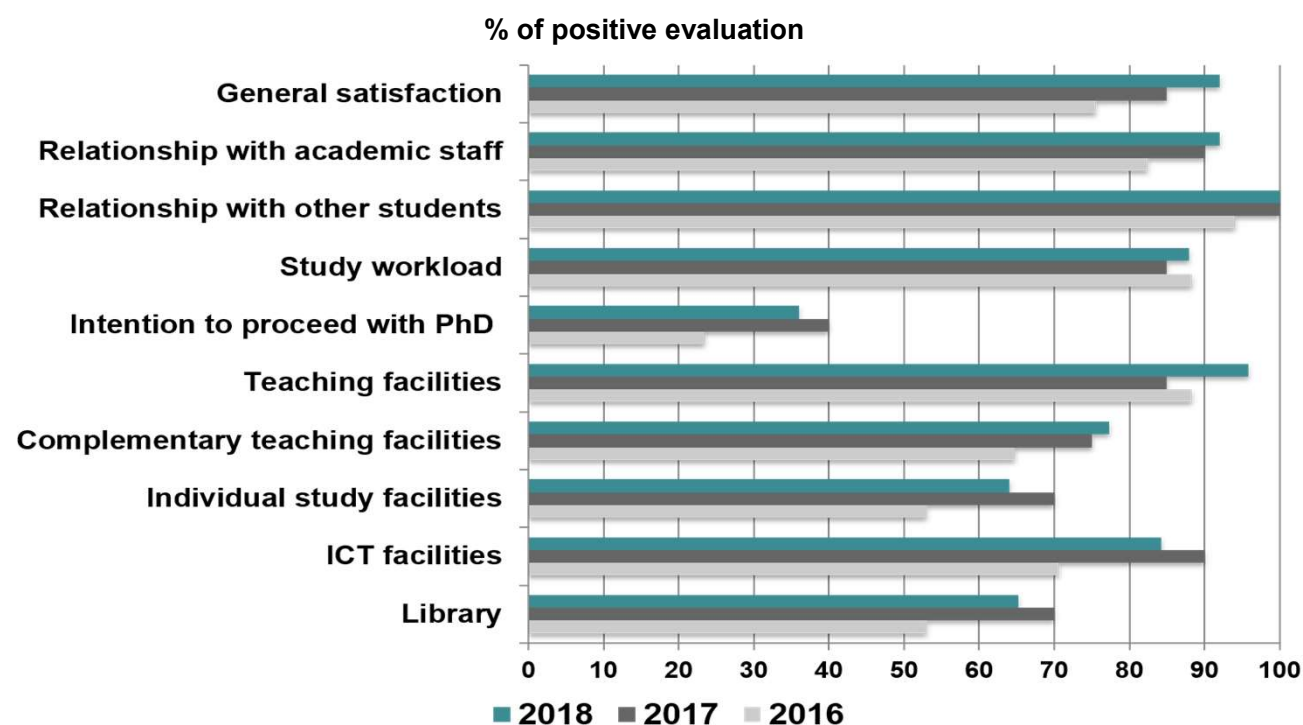
(Indicators from MIUR-SMA annual monitoring– update January 2020)



The program satisfaction by graduating students and graduates shows a positive 3-year trend, comparable to the Italian national situation

PROGRAM SATISFACTION BY GRADUATING/GRADUATES

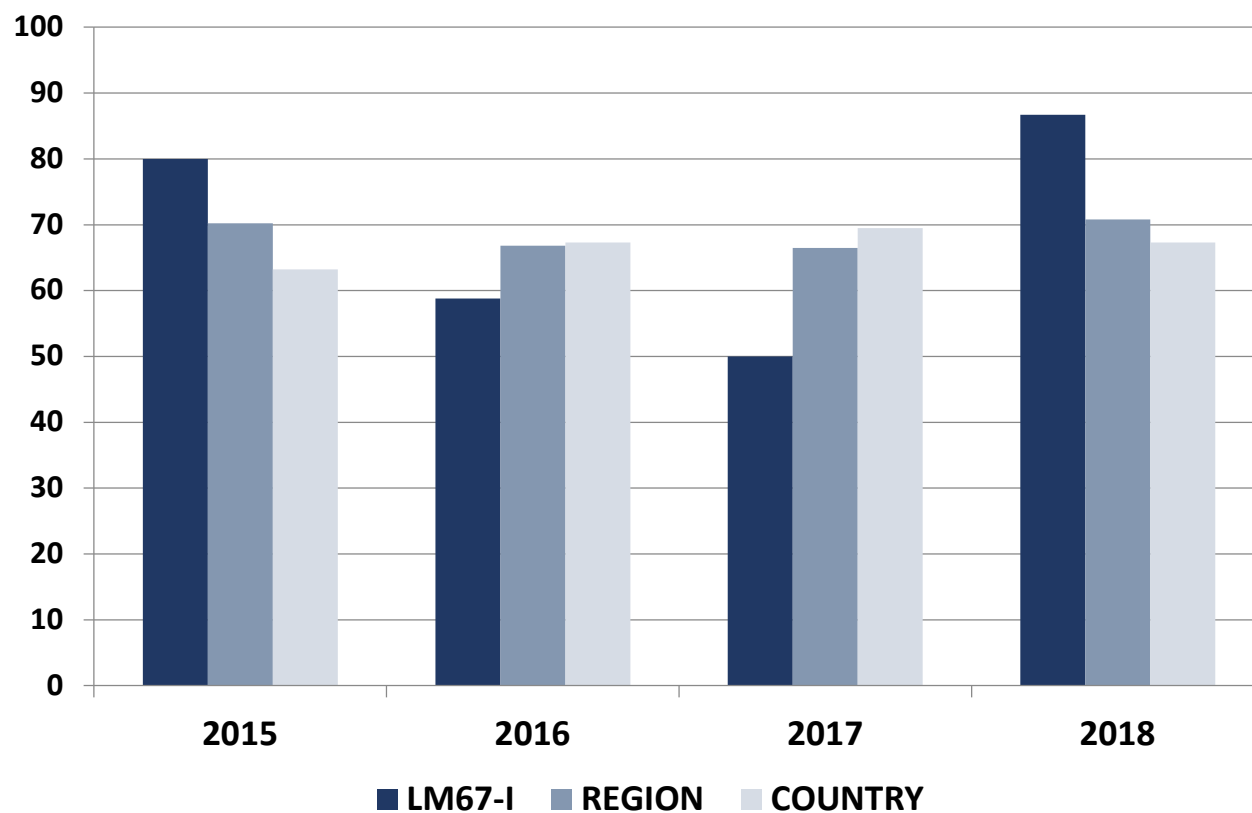
(Indicators from MIUR-SMA annual monitoring– update January 2020)



Graduating students express an excellent satisfaction towards the relationship with the teachers (92%) and with other students (100%)

EMPLOYABILITY OF GRADUATES

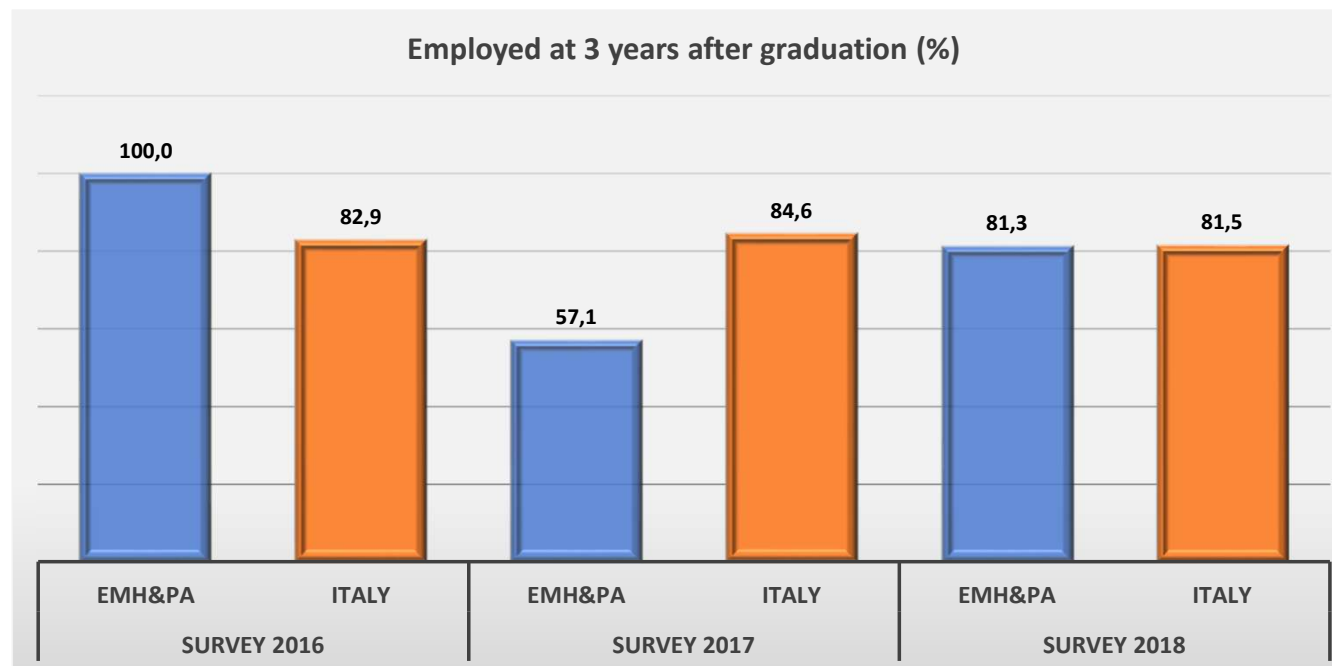
(Indicators from ALMA Laurea Survey – update January 2020)



Percentage of graduates formally employed or attending a PhD/specialization program within 1 year from graduation (Alma Laurea database)

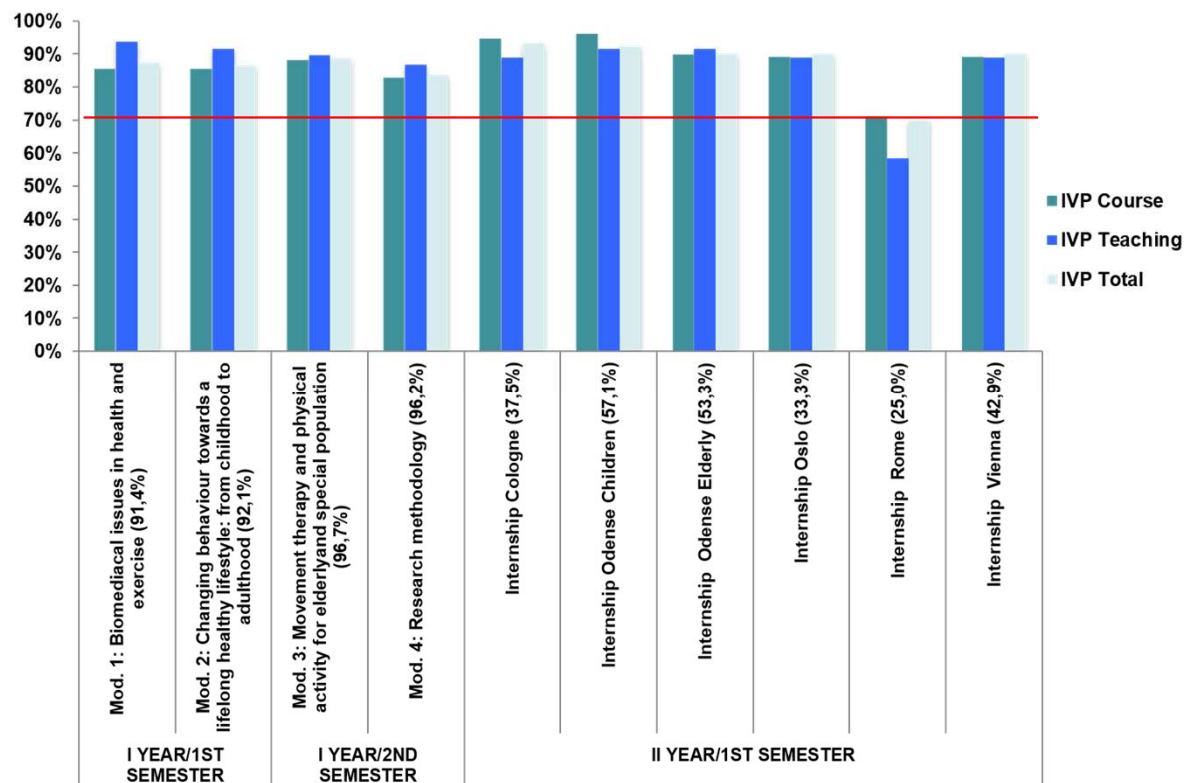
EMPLOYABILITY OF GRADUATES

(Indicators from MIUR-SMA annual monitoring– update January 2020)



The employability of Italian graduates after 3 year from the program completion is good, with an apparent negative trend on 2017. The analysis of the survey organized by the program managing group and including all Italian and non-Italian graduates reveals that 95% of the responders found an occupation (job, PhD) within 12 months from the graduation.

**Students' evaluation of the 2018-2019 Teaching Activities expressed
as % of Positive Evaluation Index (IVP)
(data from the University Quality Assurance Board)**



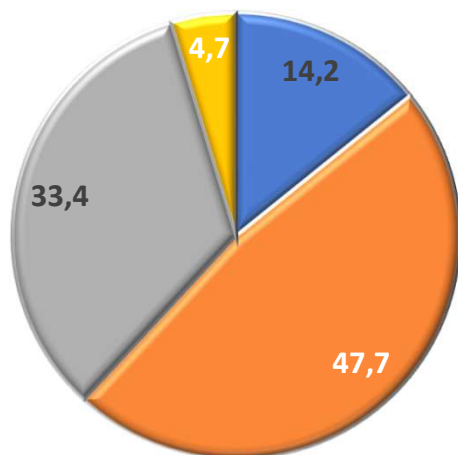
(% of responders on total attending the course are shown in bracket)

With respect the evaluation of 2018-2019 teaching activities by the students, all courses showed very positive indexes (between 80% and 94%), with the exception of the Rome internship, whose IVPs were below the critical threshold of 70%, possibly biased by the low percentage of responders

EMPLOYABILITY OF GRADUATES

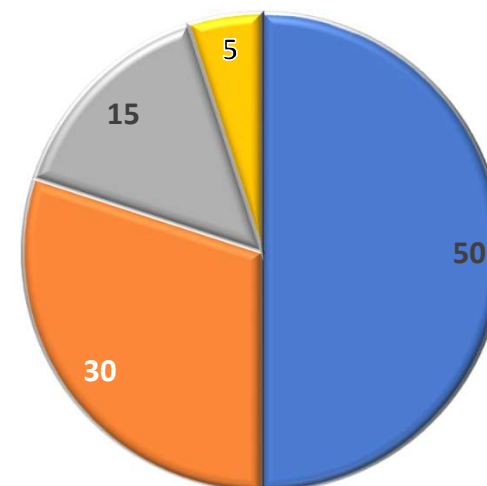
(Survey on graduates 2014 - 2016 performed by EMH&PA Quality Group)

Occupation



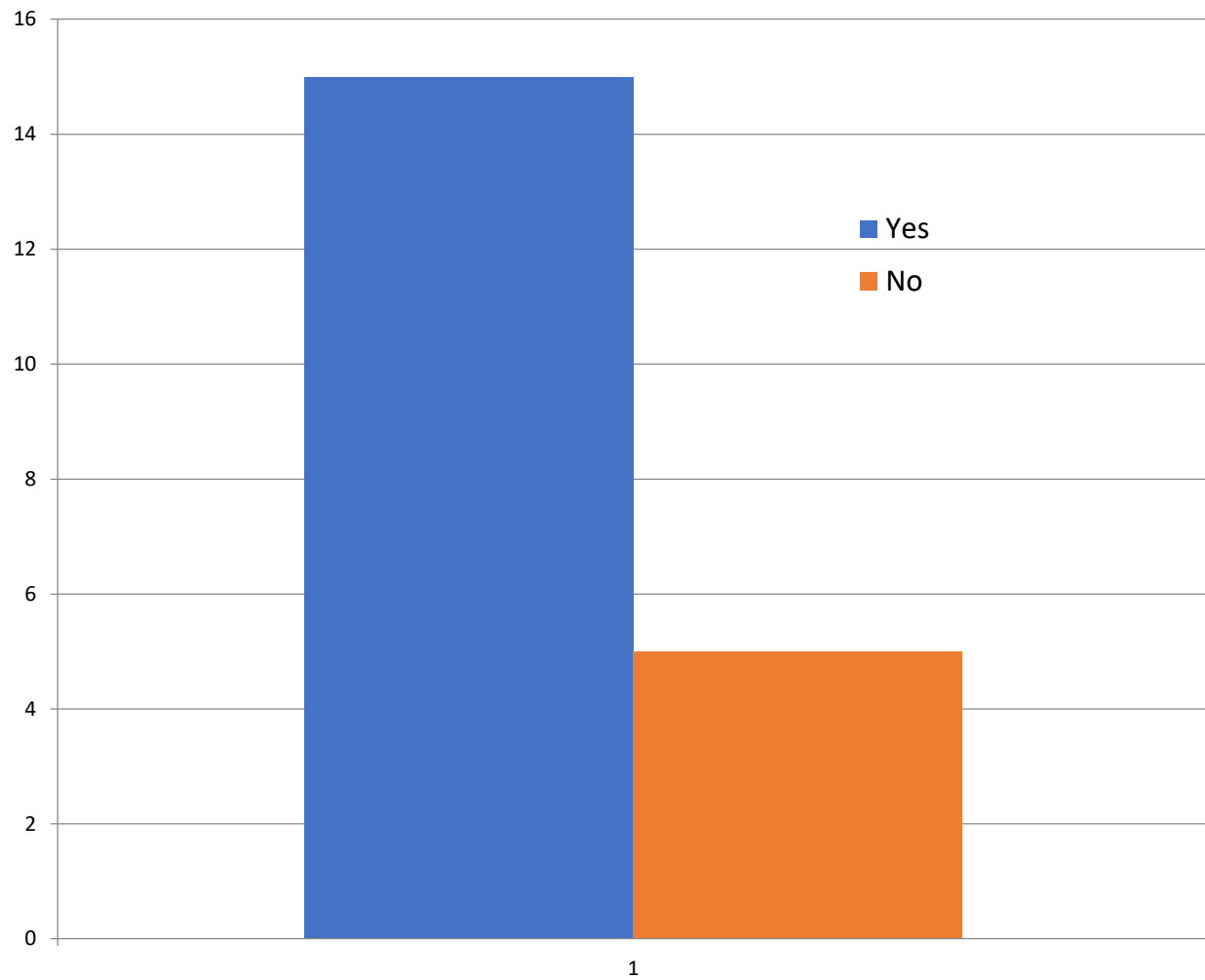
■ None ■ Full time ■ Part time ■ Freelance Professional

How long did it take for you to find a job/
PhD/others after graduation?

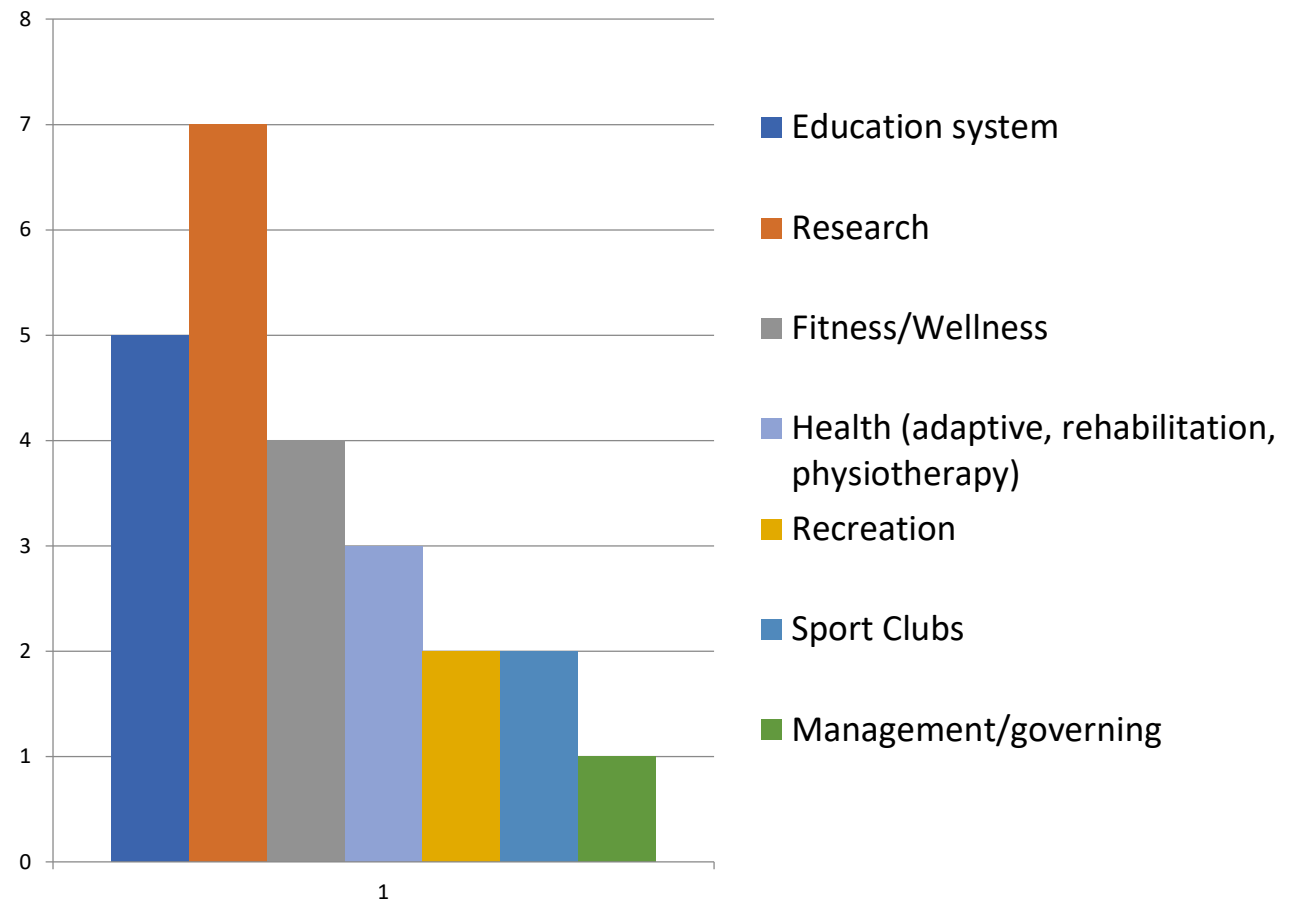


■ < 1 month ■ 1 - 6 months ■ 6 - 12 months ■ > 12 months

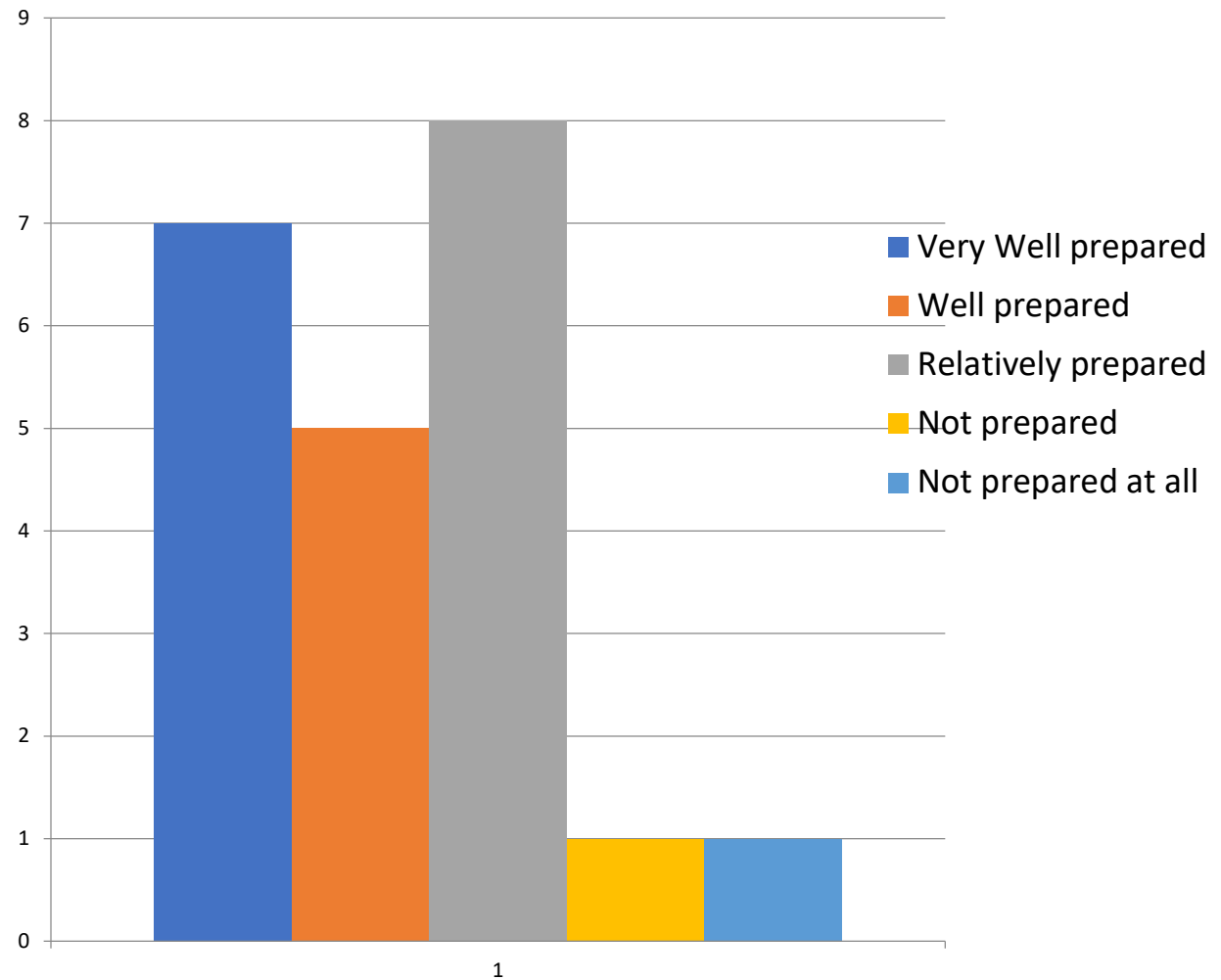
Are you working
in field you
have been
trained for?



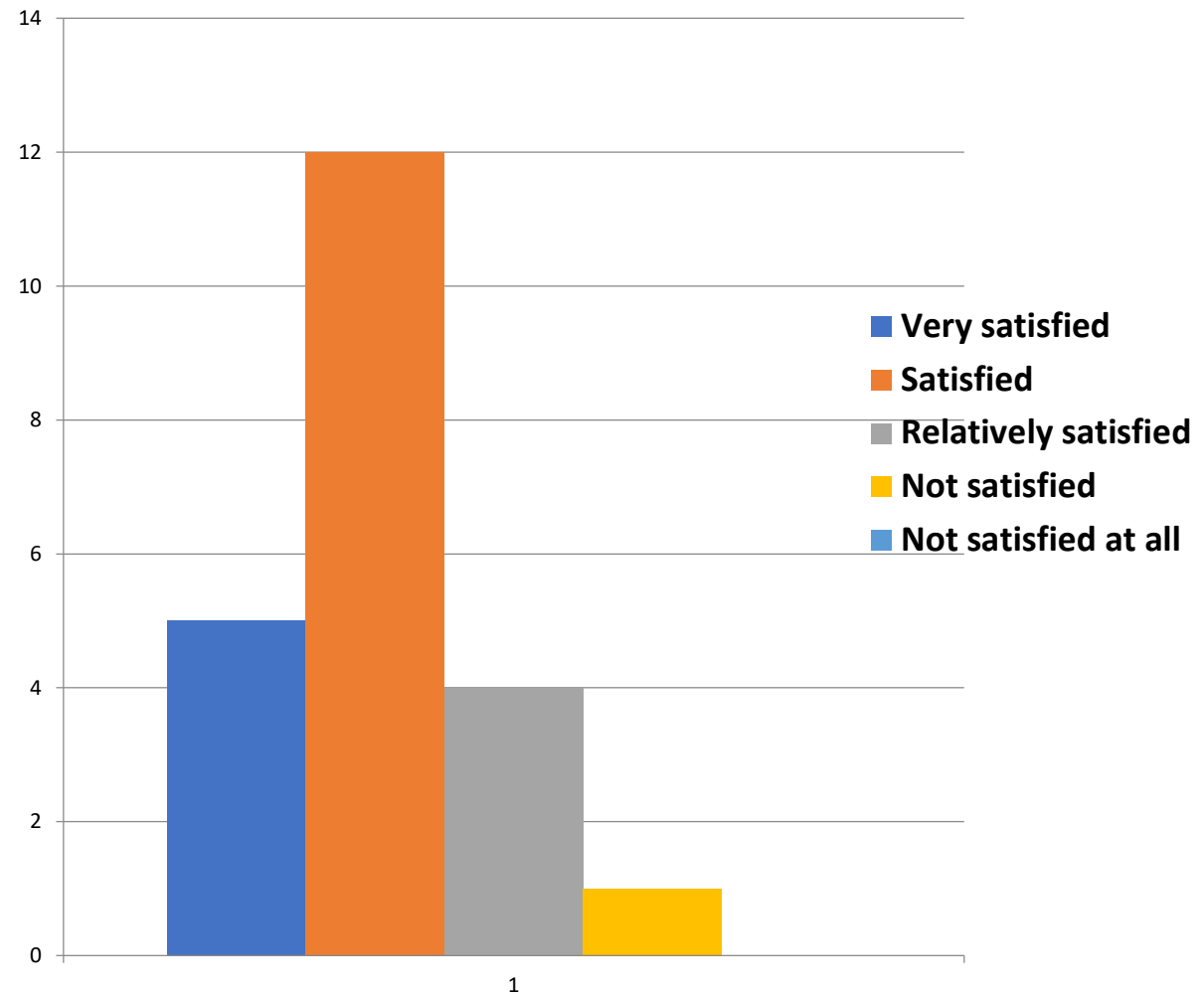
In which of
these sectors
do you work?



Do you believe your education and training in the EMH&PA has prepared you well for the job market?



In general, how satisfied are you with the knowledge/competences acquired during your study program?



Would you
recommend
your study
program to a
close friend?

